

## Online Natural Family Planning Requirement

<https://www.vitafertility.com/nfp-talk-marriage-prep/>

The Catholic Church's teachings on sex and marriage are beautiful.

This 60-minute live online video presentation dives into the details of human fertility, the basics of Natural Family Planning (NFP), and explains the theological aspects of why the Church asks Catholic couples to use NFP in their marriage.

This course is perfect for engaged couples who are completing their marriage preparation through the Catholic Church. This course will help to establish your fertility knowledge, so that you're equipped to choose an NFP method that works for your life and your specific circumstances.

This presentation is offered monthly, on the 3rd Tuesday of every month, at 7:30pm central time. It meets the NFP marriage prep requirement for most dioceses, and a certification of completion is available upon request.

Please go to the link above, register and we'll send you a link to log on to the presentation.

**When:** 3rd Tuesday of every month, at 7:30pm central time

**Where:** Online, via Zoom video conferencing (use any device to attend the presentation)

**Cost:** Completely free.